# MARCH LUNCH

# **COMPASS ROSE ACADEMY (OUTER CIRCLE)** L2 - Lunch K-8

March 7, 2022 NO SCHOOL March 14, 2022 NO SCHOOL	March 1, 2022 CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Potato Wedges SunSet Sip Juice Applesauce BBQ Sauce Choice of Milk	March 2, 2022 GRILLED CHEESE PANINI ^ Broccoli Fresh Baby Carrots Ranch Dressing Fresh Banana Choice of Milk	March 3, 2022 *WALKING TACO* TURKEY TACOS Wild White Nacho Doritos^ Fiesta Beans Fresh Baby Carrots Ranch Dressing Sliced Apples Taco Sauce Choice of Milk	March 4, 2022 NO SCHOOL
March 7, 2022 NO SCHOOL March 14, 2022 NO SCHOOL	Hamburger Bun ^ Potato Wedges SunSet Sip Juice Applesauce BBQ Sauce	Broccoli Fresh Baby Carrots Ranch Dressing Fresh Banana	TURKEY TACOS Wild White Nacho Doritos^ Fiesta Beans Fresh Baby Carrots Ranch Dressing Sliced Apples Taco Sauce	NO SCHOOL
NO SCHOOL March 14, 2022 NO SCHOOL			TURKEY HAM & CHEESE PROTEIN BOX Sliced Bread ^ Light Mayonnaise	
March 14, 2022 NO SCHOOL	March 8, 2022	March 9, 2022	March 10, 2022	March 11, 2022
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
	March 15, 2022	March 16, 2022	March 17, 2022	March 18, 2022
	POPCORN CHICKEN ^ Baked Beans Sun Splash Veggie Juice Applesauce BBQ Sauce Choice of Milk	ROTINI BAKE ^ Breadstick ^ Mixed Vegetables Orange Juice Blend Choice of Milk	*GLOBAL BITES* SHEPHERD'S PIE Breadstick ^ Diced Pears Choice of Milk TURKEY BREAST & CHEESE PROTEIN BOX Sliced Bread ^ Tropical Veggie Juice Mustard	BEAN & CHEESE BURRITO ^ Salsa Cup Broccoli Fresh Banana Choice of Milk
March 21, 2022	March 22, 2022	March 23, 2022	March 24, 2022	March 25, 2022
CHEESE PIZZAA CH Country Blend Vegetables Applesauce Choice of Milk	HICKEN ALFREDO PASTA ^ Breadstick ^ Broccoli Orange Juice Blend Choice of Milk	PANCAKES & SAUSAGE ^ Seasoned Diced Potatoes Sun Splash Veggie Juice Diced Pears Syrup Choice of Milk	HOT DOG Hot Dog Bun ^ Baked Beans Fresh Baby Carrots Ranch Dressing Fresh Apple Mustard Ketchup Choice of Milk TURKEY HAM & CHEESE PROTEIN BOX Sliced Bread ^	VEGETARIAN CHILI WITH BEANS Corn Diced Peaches Fritos ^ Choice of Milk
March 28, 2022	March 29, 2022	March 30, 2022	March 31, 2022	April 1, 2022
CRUNCHY CHICKEN TENDERS ^ Broccoli Orange Juice Blend BBQ Sauce Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun ^ Baked Beans Sun Splash Veggie Juice Applesauce Mustard Ketchup Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Potato Wedges Diced Peaches BBQ Sauce Choice of Milk	SANTA FE CHICKEN Tortilla Rounds ^ Sun Splash Veggie Juice Fresh Pear Choice of Milk TURKEY BREAST & CHEESE PROTEIN BOX Sliced Bread ^ Pickle Chips Light Mayonnaise	
ALL MEALS SERVED WITH APP		TS AND A CHOICE OF 1% ANI otes item is whole-grain/whole		SUBJECT TO CHANGE **
		stitution is an equal opportunit		

school's menus online at: preferredr ind your

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Nutrition Information and menus are planned using a blended estimate of milk choices served in schools. For individual milk nutrients consult actual labels on cartons served at the school.

	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
o	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
03-01-2022	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
L-2(	Potato Wedges	90	2	0	0	0	20	18	1	0	1	0	0	10	0	V:1/2c S BW-PLANT
022	SunSet Sip Juice	45	0	0	0	0	35	11	0	10	0	500	70	10	0	V:1/2c RO
	Applesauce	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c BW-PLANT
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
0	GRILLED CHEESE PANINI ^	340	20	10	0	50	820	30	2	6	14	0	0	322	1	MMA:2oz G/B:2sv WG
03-02-2022	Broccoli	26	0	0	0	0	10	5	3	1	3	945	38	31	1	V:1/2c DG BW-PLANT
2-2(	Fresh Baby Carrots	20	0	0	0	0	44	5	2	3	0	391	2	18	0	V:1/4c RO
022	Ranch Dressing	15	1	0	0	0	85	0	0	1	0	0	0	0	0	
	Fresh Banana	105	0	0	0	0	1	27	3	14	1	23	10	6	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
0	*WALKING TACO*	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-03-2022	TURKEY TACOS	130	7	2	0	70	320	2	0	0	13	200	0	60	2	MMA:2oz BW-LPP BW-LS
3-2(	Wild White Nacho Doritos^	130	5	1	0	0	170	20	2	0	2	0	0	40	0	G/B:1.5sv WG
022	Fiesta Beans	180	0	0	0	0	452	33	8	3	11	2	1	66	3	V:1/2c L V:1/8c RO BW-HF
	Fresh Baby Carrots	20	0	0	0	0	44	5	2	3	0	391	2	18	0	V:1/4c RO
	Ranch Dressing	15	1	0	0	0	85	0	0	1	0	0	0	0	0	
	Sliced Apples	30	0	0	0	0	0	7	1	6	0	0	21	20	0	F:1/2c
	Taco Sauce	5	0	0	0	0	55	1	0	0	0	100	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	TURKEY HAM & CHEESE PROTEIN BOX	160	12	6	0	52	440	4	0	2	12	0	1	161	0	MMA:2oz V:3/4c DG V:1/4c O
	Sliced Bread ^	70	1	0	0	0	134	12	2	2	4	0	0	30	1	G/B:1sv WG
	Light Mayonnaise	50	4	0	0	10	70	2	0	0	0	0	0	0	0	
03-04-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-07-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-08-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

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	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
03-09-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-10-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-11-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-14-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
0	Popcorn Chicken ^	252	14	3	0	22	383	15	3	1	15	109	0	0	2	MMA:2oz G/B:1sv WG
03-15-2022	Baked Beans	192	1	0	0	0	283	37	7	8	10	1	0	77	3	V:1/2c L BW-LPP BW-HF
-20	Sun Splash Veggie Juice	60	0	0	0	0	10	15	0	13	0	0	0	10	0	V:1/2c RO BW-PLANT
22	Applesauce	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c BW-PLANT
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
03	ROTINI BAKE ^	337	12	5	0	36	458	38	6	10	18	9	0	172	2	MMA:2oz G/B:1sv WG V:1/2c RO
-16	Breadstick ^	100	1	0	0	0	140	20	2	1	4	0	9	20	1	G/B:1sv WG
03-16-2022																V:1/4c RO V:1/2c S BW-
22	Mixed Vegetables	90	0	0	0	0	82	19	4	6	4	386	3	28	1	PLANT
	Orange Juice Blend Choice of Milk	60 121	0	0	0	0 8	10 139	14 19	0	12 17	0 8	2 493	30 0	10 302	0	F:1/2c
		161	-	-	U	Ŭ	135	15	0	17	0	155	Ū	302	Ū	
		0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-1	*GLOBAL BITES*	0	0	0	0	0	0	0	0	0	0	0	0	0	0	MMA:207 V:1/20 S
03-17-2	*GLOBAL BITES* SHEPHERD'S PIE	283	10	5	0	45	626	30	4	4	19	151	17	105	4	MMA:2oz V:1/2c S
03-17-2022	*GLOBAL BITES* SHEPHERD'S PIE Breadstick ^	283 100	10 1	5 0	0	45 0	626 140	30 20	4 2	4	19 4	151 0	17 9	105 20	4 1	G/B:1sv WG
03-17-2022	*GLOBAL BITES* SHEPHERD'S PIE	283	10	5	0	45	626	30	4	4	19	151	17	105	4	
03-17-2022	*GLOBAL BITES* SHEPHERD'S PIE Breadstick ^ Diced Pears	283 100 56	10 1 0	5 0 0	0 0 0	45 0 0	626 140 9	30 20 15	4 2 2	4 1 9	19 4 2	151 0 0	17 9 1	105 20 1	4 1 0	G/B:1sv WG
03-17-2022	*GLOBAL BITES* SHEPHERD'S PIE Breadstick ^ Diced Pears Choice of Milk TURKEY BREAST & CHEESE	283 100 56 121	10 1 0 1	5 0 0 1	0 0 0	45 0 0 8	626 140 9 139	30 20 15 19	4 2 2 0	4 1 9 17	19 4 2 8	151 0 0 493	17 9 1 0	105 20 1 302	4 1 0 0	G/B:1sv WG F:1/2c BW-PLANT MMA:2oz V:3/4c DG V:1/4c
03-17-2022	*GLOBAL BITES* SHEPHERD'S PIE Breadstick ^ Diced Pears Choice of Milk TURKEY BREAST & CHEESE POTEIN BOX	283 100 56 121 152	10 1 0 1 11	5 0 0 1 6	0 0 0 0	45 0 0 8 48	626 140 9 139 432	30 20 15 19 3	4 2 2 0	4 1 9 17 1	19 4 2 8 13	151 0 0 493 0	17 9 1 0	105 20 1 302 161	4 1 0 0	G/B:1sv WG F:1/2c BW-PLANT MMA:2oz V:3/4c DG V:1/4c O

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	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
03	BEAN & CHEESE BURRITO ^	321	9	4	0	15	475	44	8	2	17	318	2	171	4	MMA:2oz G/B:2sv WG BW- LS BW-HF
03-18-2022	Salsa Cup	41	0	ч 0	0	0	95	8	0	3	3	271	6	0	ч 0	V:1/4c RO
-20	Broccoli	26	0	0	0	0	10	5	3	1	3	945	38	31	1	V:1/2c DG BW-PLANT
22	Fresh Banana	105	0	0	0	0	1	27	3	14	1	23	10	6	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
03-21-2022	CHEESE PIZZA^	341	17	10	0	41	449	28	3	6	20	0	0	312	2	MMA:2oz G/B:2sv WG V:1/4c RO
21-2	Country Blend Vegetables	69	0	0	0	0	32	15	3	4	3	396	8	36	1	V:1/4c S V:1/2c O BW- PLANT
202	Applesauce	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c BW-PLANT
2	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
0	CHICKEN ALFREDO PASTA ^	412	22	9	0	88	763	32	2	6	24	4	1	291	1	MMA:2oz G/B:1sv WG
03-22-2022	Breadstick ^	100	1	0	0	0	140	20	2	1	4	0	9	20	1	G/B:1sv WG
2-2	Broccoli	39	0	0	0	0	15	8	4	2	4	1417	56	46	1	V:3/4c DG BW-PLANT
022	Orange Juice Blend	60	0	0	0	0	10	14	0	12	0	2	30	10	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
0	PANCAKES & SAUSAGE ^	290	14	4	0	40	400	28	3	6	15	0	0	89	2	MMA:2.25oz G/B:2sv WG
03-23-2022	Seasoned Diced Potatoes	115	6	1	0	0	473	14	2	2	2	8	15	4	0	V:1/2c S BW-PLANT
3-2	Sun Splash Veggie Juice	60	0	0	0	0	10	15	0	13	0	0	0	10	0	V:1/2c RO BW-PLANT
022	Diced Pears	56	0	0	0	0	9	15	2	9	2	0	1	1	0	F:1/2c BW-PLANT
	Syrup	80	0	0	0	0	10	20	0	10	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
03-	HOT DOG	130	11	4	0	30	450	2	0	1	5	0	0	0	0	MMA:2oz
	Hot Dog Bun ^	110	2	0	0	0	230	19	2	3	5	0	0	80	1	G/B:1.5sv WG
24-2022	Baked Beans	192	1	0	0	0	283	37	7	8	10	1	0	77	3	V:1/2c L BW-LPP BW-HF
)22	Fresh Baby Carrots	20	0	0	0	0	44	5	2	3	0	391	2	18	0	V:1/4c RO
	Ranch Dressing	15	1	0	0	0	85	0	0	1	0	0	0	0	0	
	Fresh Apple	64	0	0	0	0	1	17	3	13	0	4	6	7	0	F:1c
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	TURKEY HAM & CHEESE PROTEIN BOX	160	12	6	0	52	440	4	0	2	12	0	1	161	0	MMA:2oz V:3/4c DG V:1/4c O
	Sliced Bread ^	70	1	0	0	0	134	12	2	2	4	0	0	30	1	G/B:1sv WG
0	VEGETARIAN CHILI															
03-25-2022	WITH BEANS	200	0	0	0	0	488	38	12	10	10	41	2	91	4	MMA:2oz V:1/2c RO BW-LPP
5-2	Corn	74	1	0	0	0	0	17	2	2	2	0	0	3	0	V:1/2c S BW-PLANT
022	Diced Peaches	55 120	0	0	0	0	1	13	1	12	2	0	4	2	0	F:1/2c BW-PLANT
	Fritos ^	120	8	1	0	0	125	12	0	0	1	0	0	20	0	G/B:1sv WG
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

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	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
0	CRUNCHY CHICKEN TENDERS ^	260	15	2	0	25	390	16	3	1	15	30	0	36	2	MMA:2oz G/B:1sv WG
03-28-2022	Broccoli	39	0	0	0	0	15	8	4	2	4	1417	56	46	1	V:3/4c DG BW-PLANT
8-20	Orange Juice Blend	60	0	0	0	0	10	14	0	12	0	2	30	10	0	F:1/2c
022	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
03-29-2022	CHARBROILED HAMBURGER	130	8	3	0	35	190	2	0	0	13	0	0	20	2	MMA:2oz
29-	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
202	Baked Beans	192	1	0	0	0	283	37	7	8	10	1	0	77	3	V:1/2c L BW-LPP BW-HF
2	Sun Splash Veggie Juice	60	0	0	0	0	10	15	0	13	0	0	0	10	0	V:1/2c RO BW-PLANT
	Applesauce	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c BW-PLANT
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
0	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
03-30-2022	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
-20	Potato Wedges	135	3	0	0	0	30	27	2	0	2	0	0	15	0	V:3/4c S
22	Diced Peaches	55	0	0	0	0	1	13	1	12	2	0	4	2	0	F:1/2c BW-PLANT
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
03-31-2022	SANTA FE CHICKEN	200	5	2	0	44	302	23	6	3	17	1	1	68	1	MMA:2oz V:1/4c S V:3/8c O BW-PLANT BW-LPP BW-HF
31-	Tortilla Rounds ^	120	4	0	0	0	105	18	2	0	2	0	0	20	0	G/B:1.25sv WG
202	Sun Splash Veggie Juice	60	0	0	0	0	10	15	0	13	0	0	0	10	0	V:1/2c RO BW-PLANT
2	Fresh Pear	67	0	0	0	0	1	18	4	11	0	1	5	10	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	TURKEY BREAST & CHEESE PROTEIN BOX	152	11	6	0	48	432	3	0	1	13	0	0	161	0	MMA:2oz V:3/4c DG V:1/4c O
	Sliced Bread ^	70	1	0	0	0	134	12	2	2	4	0	0	30	1	G/B:1sv WG
	Pickle Chips	5	0	0	0	0	330	1	0	0	0	2	1	23	0	V:1/4c O
	Light Mayonnaise	50	4	0	0	10	70	2	0	0	0	0	0	0	0	

Meal Contributions : Vegetable Types : BeWell Types :

M/MA = Meat/Meat Alternate  $DG = Dark Grean \qquad R/O = Red/Orange \qquad L = \\ BW-PLANT = Plant-Based \qquad BW-GF = Good Fat$ BW-HF = High Fiber Food

F = Fruit V = Vegetable L = Legumes S = Starchy O = Other

G/B = Grain/Bread W/G = Whole Grain

BW-LPP = Lean/Plant Protein BW-LS = Less Sugar

BW-PRO = Probiotics

ALLERGEN WARNING: This menu is for reference only, and the food products delivered to schools are subject to change without notice. Accurate and up-to-date ingredient information regarding ingredients – including the 8 major food allergens – is available on the product label at your school. To avoid exposure to these food allergens, refer to the actual product label. FAILURE TO DO SO MAY RESULT IN INADVERTENT EXPOSURE TO FOOD ALLERGENS. 

	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
0	CRISPY CHICKEN PATTY ^							х	х
3-0	Hamburger Bun ^	х						х	х
03-01-2022	Potato Wedges							х	
022	SunSet Sip Juice								
	Applesauce								
	BBQ Sauce							х	
	Choice of Milk	х							
0	GRILLED CHEESE PANINI ^	х						х	х
-0 -0	Broccoli								
03-02-2022	Fresh Baby Carrots								
022	Ranch Dressing	Х	х					х	
	Fresh Banana								
	Choice of Milk	Х							
0	*WALKING TACO*								
03-03-2022	TURKEY TACOS								
3-2	Wild White Nacho Doritos^	х							
022	Fiesta Beans								
	Fresh Baby Carrots								
	Ranch Dressing	Х	х					х	
	Sliced Apples								
	Taco Sauce								
	Choice of Milk	х							
	TURKEY HAM & CHEESE PROTEIN BOX	х						х	
	Sliced Bread ^	х						х	х
	Light Mayonnaise		Х					х	
03-04-2022	NO SCHOOL								
03-04-2022 03-07-2022 03-08-2022	NO SCHOOL								
03-08-2022	NO SCHOOL								

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	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
03-09-2022	NO SCHOOL								
03-10-2022	NO SCHOOL								
03-11-2022	NO SCHOOL								
03-14-2022	NO SCHOOL								
03-15-2022	POPCORN CHICKEN ^ Baked Beans Sun Splash Veggie Juice Applesauce BBQ Sauce Choice of Milk							X	X
03-16-2022	ROTINI BAKE ^ Breadstick ^ Mixed Vegetables Orange Juice Blend Choice of Milk	x						x	x x
03-17-2022	*GLOBAL BITES* SHEPHERD'S PIE Breadstick ^ Diced Pears Choice of Milk	x 						x x	X
	Choice of Milk TURKEY BREAST & CHEESE PROTEIN BOX Sliced Bread ^ Tropical Veggie Juice Mustard	x x x						x x	X

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	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
0	BEAN & CHEESE BURRITO ^	х						х	х
03-18-2022	Salsa Cup								
8-2	Broccoli								
022	Fresh Banana								
	Choice of Milk	Х							
0	CHEESE PIZZA^	Х						х	х
03-21-2022	Country Blend Vegetables								
1-2	Applesauce								
022	Choice of Milk	х							
0	CHICKEN ALFREDO PASTA ^	х						х	х
03-22-2022	Breadstick ^							Х	х
2-2	Broccoli								
022	Orange Juice Blend								
	Choice of Milk	х							
0	PANCAKES & SAUSAGE ^	Х	х					х	х
03-23-2022	Seasoned Diced Potatoes								
	Sun Splash Veggie Juice								
022	Diced Pears								
	Syrup								
	Choice of Milk	х							
0	HOT DOG								
03-24-20:	Hot Dog Bun ^	х						х	х
4-2	Baked Beans								
022	Fresh Baby Carrots								
	Ranch Dressing	х	х					х	
	Fresh Apple								
	Mustard								
	Ketchup								
	Choice of Milk	х							
	TURKEY HAM & CHEESE PROTEIN BOX	х						x	
	Sliced Bread ^	Х						Х	х
03-	VEGETARIAN CHILI WITH BEANS							x	x
03-25-2022	Corn								
202	Diced Peaches								
Ñ	Fritos ^								
	Choice of Milk	Х							

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	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
0	CRUNCHY CHICKEN TENDERS ^							х	х
3-28	Broccoli								
03-28-2022	Orange Juice Blend								
)22	BBQ Sauce							х	
	Choice of Milk	Х							
03-29-2022	CHARBROILED HAMBURGER							х	
29-	Hamburger Bun ^	Х						х	х
20	Baked Beans								
22	Sun Splash Veggie Juice								
	Applesauce								
	Mustard								
	Ketchup								
	Choice of Milk	Х							
0	CRISPY CHICKEN PATTY ^							Х	Х
03-30-2022	Hamburger Bun ^	Х						х	х
20	Potato Wedges							х	
)22	Diced Peaches								
	BBQ Sauce							х	
	Choice of Milk	Х							
0	SANTA FE CHICKEN	х						х	
03-31-2022	Tortilla Rounds ^								
L-2(	Sun Splash Veggie Juice								
)22	Fresh Pear								
	Choice of Milk	Х							
	TURKEY BREAST & CHEESE PROTEIN BOX	х						х	
	Sliced Bread ^	Х						Х	х
	Pickle Chips								
	Light Mayonnaise		Х					Х	