MARCH LUNCH

LEGACY CAMPUS L2HS - Lunch 9-12

Monday February 28, 2022	Tuesday March 1, 2022 CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Mashed Potatoes SunSet Sip Juice	Wednesday March 2, 2022 GRILLED CHEESE PANINI ^ Broccoli	Thursday March 3, 2022	Friday March 4, 2022
	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Mashed Potatoes SunSet Sip Juice	GRILLED CHEESE PANINI ^		
	Applesauce Dried Cranberries Choice of Milk	Protato Wedges Fresh Banana Orange Juice Ketchup Choice of Milk	*WALKING TACO* TURKEY TACOS Wild White Nacho Doritos^ Fiesta Beans Corn Sliced Apples Blended Fruit Juice Chocolate Cookie ^ Taco Sauce Choice of Milk TURKEY HAM & CHEESE PROTEIN BOX Sliced Bread ^ Light Mayonnaise	NO SCHOOL
March 7, 2022	March 8, 2022	March 9, 2022	March 10, 2022	March 11, 2022
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
March 14, 2022	March 15, 2022	March 16, 2022	March 17, 2022	March 18, 2022
NO SCHOOL	POPCORN CHICKEN ^ Baked Beans Sun Splash Veggie Juice Applesauce Grape Juice BBQ Sauce Cheddar Sun Chips ^ Choice of Milk	ROTINI BAKE ^ Breadstick ^ Green Beans Diced Carrots Orange Juice Blend Applesauce Choice of Milk	*GLOBAL BITES* SHEPHERD'S PIE Breadstick ^ Fresh Baby Carrots Ranch Dressing Diced Pears Grape Juice Vanilla Cookie ^ Choice of Milk TURKEY BREAST & CHEESE PROTEIN BOX Sliced Bread ^ Tropical Veggie Juice Mustard	BEAN & CHEESE BURRITO ^ Salsa Cup Broccoli Fresh Banana Diced Peaches Choice of Milk POPCORN CHICKEN ^ SALAD Shredded Cheddar Cheese Croutons ^ Romaine Lettuce Carrot Sticks Cucumbers Ranch Dressing
March 21, 2022	March 22, 2022	March 23, 2022	March 24, 2022	March 25, 2022
CHEESE PIZZAA Green Beans Corn Applesauce Blended Fruit Juice Choice of Milk	CHICKEN ALFREDO PASTA ^ Breadstick ^ Mixed Vegetables Broccoli Orange Juice Blend Diced Peaches Choice of Milk	PANCAKES & SAUSAGE ^ Seasoned Diced Potatoes Sun Splash Veggie Juice Diced Pears Apple Juice Syrup Choice of Milk	HOT DOG Hot Dog Bun ^ Baked Beans Diced Carrots Fresh Apple Mustard Ketchup Chocolate Cookie ^ Choice of Milk TURKEY HAM & CHEESE PROTEIN BOX Sliced Bread ^ Light Mayonnaise	VEGETARIAN CHILI WITH BEANS Corn Diced Peaches Orange Juice Blend Cornbread ^ Choice of Milk DICED CHICKEN SALAD Shredded Cheddar Cheese Croutons ^ Romaine Lettuce Carrot Sticks Green Pepper Strips Italian Dressing Breadstick ^
March 28, 2022	March 29, 2022	March 30, 2022	March 31, 2022	April 1, 2022
CRUNCHY CHICKEN TENDERS ^ Broccoli Mixed Vegetables Orange Juice Blend Diced Pears BBQ Sauce Multi Grain Sun Chips ^ Choice of Milk	CHARBROILED HAMBURGER Hamburger Bun ^ Baked Beans Sun Splash Veggie Juice Applesauce Grape Juice Mustard Ketchup Choice of Milk	CRISPY CHICKEN PATTY ^ Hamburger Bun ^ Potato Wedges Green Beans Diced Peaches Blended Fruit Juice Light Mayonnaise Ketchup Choice of Milk	SANTA FE CHICKEN Tortilla Rounds ^ Sun Splash Veggie Juice Fresh Pear Apple Juice Vanilla Cookie ^ Choice of Milk TURKEY BREAST & CHEESE PROTEIN BOX Sliced Bread ^ Pickle Chips Fresh Baby Carrots Mustard	
ALL MEALS SERVED WITH		TS AND A CHOICE OF 1% AN		SUBJECT TO CHANGE **
		otes item is whole-grain/whole stitution is an equal opportuni		
Find your		nline at: preferredn		referredmeals an elior company

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	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
l o	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0-0	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
03-01-2022	Mashed Potatoes	123	5	1	0	1	304	17	1	1	3	0	58	45	0	V:1/2c S BW-PLANT
)22	SunSet Sip Juice	45	0	0	0	0	35	11	0	10	0	500	70	10	0	V:1/2c RO
	Applesauce	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c BW-PLANT
	Dried Cranberries	110	0	0	0	0	0	27	2	24	0	0	0	0	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
<u></u>	GRILLED CHEESE PANINI ^	340	20	10	0	50	820	30	2	6	14	0	0	322	1	MMA:2oz G/B:2sv WG
03-02-2022	Broccoli	26	0	0	0	0	10	5	3	1	3	945	38	31	1	V:1/2c DG BW-PLANT
2-2(Potato Wedges	90	2	0	0	0	20	18	1	0	1	0	0	10	0	V:1/2c S BW-PLANT
022	Fresh Banana	105	0	0	0	0	1	27	3	14	1	23	10	6	0	F:1/2c BW-PLANT
	Orange Juice	60	0	0	0	0	0	15	0	14	0	0	30	20	0	F:1/2c BW-PLANT
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
0	*WALKING TACO*	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-03-2022	TURKEY TACOS	130	7	2	0	70	320	2	0	0	13	200	0	60	2	MMA:2oz BW-LPP BW-LS
3-2(Wild White Nacho Doritos^	130	5	1	0	0	170	20	2	0	2	0	0	40	0	G/B:1.5sv WG
)22	Fiesta Beans	180	0	0	0	0	452	33	8	3	11	2	1	66	3	V:1/2c L V:1/8c RO BW-HF
	Corn	74	1	0	0	0	0	17	2	2	2	0	0	3	0	V:1/2c S BW-PLANT
	Sliced Apples	30	0	0	0	0	0	7	1	6	0	0	21	20	0	F:1/2c
	Blended Fruit Juice	60	0	0	0	0	10	14	0	13	0	0	0	10	0	F:1/2c
	Chocolate Cookie ^	120	5	1	0	0	40	19	1	8	2	0	0	6	1	G/B:1sv WG
	Taco Sauce	5	0	0	0	0	55	1	0	0	0	100	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	TURKEY HAM & CHEESE PROTEIN BOX	160	12	6	0	52	440	4	0	2	12	0	1	161	0	MMA:2oz V:3/4c DG V:1/4c O
	Sliced Bread ^	70	1	0	0	0	134	12	2	2	4	0	0	30	1	G/B:1sv WG
	Light Mayonnaise	50	4	0	0	10	70	2	0	0	0	0	0	0	0	
03-04-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
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03-07-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-08-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	

	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
03-09-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-10-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-11-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-14-2022	NO SCHOOL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-15-2022	POPCORN CHICKEN ^ Baked Beans	252 192	14 1	3 0	0 0	22 0	383 283	15 37	3 7	1 8	15 10	109 1	0 0	0 77	2 3	MMA:2oz G/B:1sv WG V:1/2c L BW-LPP BW-HF
-2022	Sun Splash Veggie Juice Applesauce	60 51	0	0	0	0	10 2	15 14	0	13 12	0	0	0	10 5	0	V:1/2c RO BW-PLANT F:1/2c BW-PLANT
	Grape Juice BBQ Sauce Cheddar Sun Chips ^	60 25 140	0 0 6	0 0 0	0 0 0	0 0 0	10 50 170	14 7 19	0 0 2	13 4 2	0 0 2	0 0 0	0 0 0	10 0 10	0 0 1	F:1/2c G/B:1.25sv WG
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
0 Ş	ROTINI BAKE ^	337	12	5	0	36	458	38	6	10	18	9	0	172	2	MMA:2oz G/B:1sv WG V:1/2c RO
03-16-2022	Breadstick ^	100	1	0	0	0	140	20	2	1	4	0	9	20	1	G/B:1sv WG
202	Green Beans	32	0	0	0	0	0	6	2	2	2	21	10	36	1	V:1/2c O BW-PLANT
2	Diced Carrots	32	0	0	0	0	64	7	3	5	1	770	5	32	1	V:1/2c RO BW-PLANT
	Orange Juice Blend	60	0	0	0	0	10	14	0	12	0	2	30	10	0	F:1/2c
	Applesauce	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
0 <u>3</u> .	*GLOBAL BITES*	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
03-17-2022	SHEPHERD'S PIE	283	10	5	0	45	626	30	4	4	19	151	17	105	4	MMA:2oz V:1/2c S
·20;	Breadstick ^	100	1	0	0	0	140	20	2	1	4	0	9	20	1	G/B:1sv WG
22	Fresh Baby Carrots	20	0	0	0	0	44	5	2	3	0	391	2	18	0	V:1/4c RO
	Ranch Dressing	15	1	0	0	0	85	0	0	1	0	0	0	0	0	
	Diced Pears	56	0	0	0	0	9	15	2	9	2	0	1	1	0	F:1/2c BW-PLANT
	Grape Juice	60	0	0	0	0	10	14	0	13	0	0	0	10	0	F:1/2c
	Vanilla Cookie ^	120	5	1	0	0	40	20	1	8	2	0	0	4	0	G/B:1sv WG
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
9	TURKEY BREAST & CHEESE PROTEIN BOX	152	11	6	0	48	432	3	0	1	13	0	0	161	0	MMA:2oz V:3/4c DG V:1/4c O
03-17-2022	Sliced Bread ^	70	1	0	0	0	134	12	2	2	4	0	0	30	1	G/B:1sv WG
-20	Tropical Veggie Juice	90	0	0	0	0	15	20	0	17	0	750	90	20	0	V:3/4c O BW-PLANT
22	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
Q.	BEAN & CHEESE BURRITO ^	321	9	4	0	15	475	44	8	2	17	318	2	171	4	MMA:2oz G/B:2sv WG BW- LS BW-HF
03-18-2022	Salsa Cup	41	0	0	0	0	95	8	0	3	3	271	6	0	0	V:1/4c RO
20	Broccoli	39	0	0	0	0	15	8	4	2	4	1417	56	46	1	V:3/4c DG BW-PLANT
22	Fresh Banana	105	0	0	0	0	1	27	3	14	1	23	10	6	0	F:1/2c BW-PLANT
	Diced Peaches	55	0	0	0	0	1	13	1	12	2	0	4	2	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	POPCORN CHICKEN ^ SALAD	252	14	3	0	22	383	15	3	1	15	109	0	0	2	MMA:2oz G/B:1sv WG
	Shredded Cheddar Cheese	110	9	5	0	30	180	0	0	0	7	90	0	200	0	MMA:1oz
	Croutons ^	4	0	0	0	0	7	0	0	0	0	0	0	0	0	G/B:1sv WG
	Romaine Lettuce	5	0	0	0	0	2	1	1	0	0	124	1	9	0	V:1/2c DG
	Carrot Sticks	0	0	0	0	0	0	0	0	0	0	3	0	0	0	V:1/4c RO
	Cucumbers	5	0	0	0	0	1	1	0	0	0	2	1	5	0	V:1/4c O
	Ranch Dressing	15	1	0	0	0	85	0	0	1	0	0	0	0	0	
Q.	CHEESE PIZZA^	341	17	10	0	41	449	28	3	6	20	0	0	312	2	MMA:2oz G/B:2sv WG V:1/4c RO
03-21-2022	Green Beans	32	0	0	0	0	0	6	2	2	2	21	10	36	1	V:1/2c O BW-PLANT
20	Corn	74	1	0	0	0	0	17	2	2	2	0	0	3	0	V:1/2c S BW-PLANT
22	Applesauce	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c BW-PLANT
	Blended Fruit Juice	60	0	0	0	0	10	14	0	13	0	0	0	10	0	F:1/2c
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
0	CHICKEN ALFREDO PASTA ^	412	22	9	0	88	763	32	2	6	24	4	1	291	1	MMA:2oz G/B:1sv WG
3-2.2	Breadstick ^	100	1	0	0	0	140	20	2	1	4	0	9	20	1	G/B:1sv WG
03-22-2022	Mixed Vegetables	53	0	0	0	0	57	11	3	4	2	386	3	22	1	V:1/4c S V:1/4c RO BW- PLANT
2	Broccoli	26	0	0	0	0	10	5	3	1	3	945	38	31	1	V:1/2c DG BW-PLANT
	Orange Juice Blend	60	0	0	0	0	10	14	0	12	0	2	30	10	0	F:1/2c
	Diced Peaches	55	0	0	0	0	1	13	1	12	2	0	4	2	0	F:1/2c BW-PLANT
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
ຕ	PANCAKES & SAUSAGE ^	290	14	4	0	40	400	28	3	6	15	0	0	89	2	MMA:2.25oz G/B:2sv WG
03-23-2022	Seasoned Diced Potatoes	115	6	1	0	0	473	14	2	2	2	8	15	4	0	V:1/2c S BW-PLANT
-20	Sun Splash Veggie Juice	60	0	0	0	0	10	15	0	13	0	0	0	10	0	V:1/2c RO BW-PLANT
22	Diced Pears	56	0	0	0	0	9	15	2	9	2	0	1	1	0	F:1/2c BW-PLANT
	Apple Juice	60	0	0	0	0	15	14	0	13	0	0	0	10	0	F:1/2c
	Syrup	80	0	0	0	0	10	20	0	10	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	

	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
0	HOT DOG	130	11	4	0	30	450	2	0	1	5	0	0	0	0	MMA:2oz
03-24-2022	Hot Dog Bun ^	110	2	0	0	0	230	19	2	3	5	0	0	80	1	G/B:1.5sv WG
F-20	Baked Beans	192	1	0	0	0	283	37	7	8	10	1	0	77	3	V:1/2c L BW-LPP BW-HF
122	Diced Carrots	32	0	0	0	0	64	7	3	5	1	770	5	32	1	V:1/2c RO BW-PLANT
	Fresh Apple	64	0	0	0	0	1	17	3	13	0	4	6	7	0	F:1c
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Chocolate Cookie ^	120	5	1	0	0	40	19	1	8	2	0	0	6	1	G/B:1sv WG
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	TURKEY HAM & CHEESE PROTEIN BOX	160	12	6	0	52	440	4	0	2	12	0	1	161	0	MMA:2oz V:3/4c DG V:1/4c O
	Sliced Bread ^	70	1	0	0	0	134	12	2	2	4	0	0	30	1	G/B:1sv WG
	Light Mayonnaise	50	4	0	0	10	70	2	0	0	0	0	0	0	0	
03-25-2022	VEGETARIAN CHILI WITH BEANS	200	0	0	0	0	488	38	12	10	10	41	2	91	4	MMA:2oz V:1/2c RO BW-LPP
25-	Corn	110	1	0	0	0	0	26	2	4	4	0	0	5	0	V:3/4c S BW-PLANT
202	Diced Peaches	55	0	0	0	0	1	13	1	12	2	0	4	2	0	F:1/2c BW-PLANT
22	Orange Juice Blend	60	0	0	0	0	10	14	0	12	0	2	30	10	0	F:1/2c
	Combread ^	198	6	1	0	28	140	32	2	15	3	156	1	26	1	G/B:2sv WG
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	DICED CHICKEN SALAD	0	0	0	0	0	0	0	0	0	0	0	0	0	0	MMA:1oz
	Shredded Cheddar Cheese	110	9	5	0	30	180	0	0	0	7	90	0	200	0	MMA:1oz
	Croutons ^	4	0	0	0	0	7	0	0	0	0	0	0	0	0	G/B:1sv WG
	Romaine Lettuce	5	0	0	0	0	2	1	1	0	0	124	1	9	0	V:1/2c DG
	Carrot Sticks	0	0	0	0	0	0	0	0	0	0	3	0	0	0	V:1/4c RO
	Green Pepper Strips	15	0	0	0	0	2	4	1	2	1	14	61	8	0	V:1/4c O
	Italian Dressing	5	0	0	0	0	120	1	0	1	0	0	0	0	0	
	Breadstick ^	100	1	0	0	0	140	20	2	1	4	0	9	20	1	G/B:1sv WG
0	CRUNCHY CHICKEN TENDERS ^	260	15	2	0	25	390	16	3	1	15	30	0	36	2	MMA:2oz G/B:1sv WG
8-28	Broccoli	26	0	0	0	0	10	5	3	1	3	945	38	31	1	V:1/2c DG BW-PLANT
03-28-2022	Mixed Vegetables	53	0	0	0	0	57	11	3	4	2	386	3	22	1	V:1/4c S V:1/4c RO BW- PLANT
2	Orange Juice Blend	60	0	0	0	0	10	14	0	12	0	2	30	10	0	F:1/2c
	Diced Pears	56	0	0	0	0	9	15	2	9	2	0	1	1	0	F:1/2c BW-PLANT
	BBQ Sauce	25	0	0	0	0	50	7	0	4	0	0	0	0	0	
	Multi Grain Sun Chips ^	140	6	1	0	0	120	18	3	2	2	0	0	0	0	G/B:1.25sv WG
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
03-	CHARBROILED HAMBURGER	130	8	3	0	35	190	2	0	0	13	0	0	20	2	MMA:2oz
03-29-2022	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
202	Baked Beans	192	1	0	0	0	283	37	7	8	10	1	0	77	3	V:1/2c L BW-LPP BW-HF
22	Sun Splash Veggie Juice	60	0	0	0	0	10	15	0	13	0	0	0	10	0	V:1/2c RO BW-PLANT
	Applesauce	51	0	0	0	0	2	14	1	12	0	1	1	5	0	F:1/2c BW-PLANT
	Grape Juice	60	0	0	0	0	10	14	0	13	0	0	0	10	0	F:1/2c

Nutrition Information and menus are planned using a blended estimate of milk choices served in schools. For individual milk nutrients consult actual labels on cartons served at the school.

	Item Name	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates(g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (IU)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Contributions
0	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	
3-2	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
03-29-2022	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
03	CRISPY CHICKEN PATTY ^	240	13	2	0	25	520	15	2	0	16	0	0	40	1	MMA:2oz G/B:1sv WG
03-30-2022	Hamburger Bun ^	140	2	0	0	0	270	26	2	3	6	0	0	40	1	G/B:2sv WG
-20	Potato Wedges	90	2	0	0	0	20	18	1	0	1	0	0	10	0	V:1/2c S BW-PLANT
22	Green Beans	32	0	0	0	0	0	6	2	2	2	21	10	36	1	V:1/2c O BW-PLANT
	Diced Peaches	55	0	0	0	0	1	13	1	12	2	0	4	2	0	F:1/2c BW-PLANT
	Blended Fruit Juice	60	0	0	0	0	10	14	0	13	0	0	0	10	0	F:1/2c
	Light Mayonnaise	50	4	0	0	10	70	2	0	0	0	0	0	0	0	
	Ketchup	10	0	0	0	0	45	2	0	1	0	0	0	0	0	
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
03-31-2022	SANTA FE CHICKEN	200	5	2	0	44	302	23	6	3	17	1	1	68	1	MMA:2oz V:1/4c S V:3/8c O BW-PLANT BW-LPP BW-HF
31-	Tortilla Rounds ^	120	4	0	0	0	105	18	2	0	2	0	0	20	0	G/B:1.25sv WG
202	Sun Splash Veggie Juice	60	0	0	0	0	10	15	0	13	0	0	0	10	0	V:1/2c RO BW-PLANT
2	Fresh Pear	67	0	0	0	0	1	18	4	11	0	1	5	10	0	F:1/2c
	Apple Juice	60	0	0	0	0	15	14	0	13	0	0	0	10	0	F:1/2c
	Vanilla Cookie ^	120	5	1	0	0	40	20	1	8	2	0	0	4	0	G/B:1sv WG
	Choice of Milk	121	1	1	0	8	139	19	0	17	8	493	0	302	0	
	TURKEY BREAST & CHEESE PROTEIN BOX	152	11	6	0	48	432	3	0	1	13	0	0	161	0	MMA:2oz V:3/4c DG V:1/4c O
	Sliced Bread ^	70	1	0	0	0	134	12	2	2	4	0	0	30	1	G/B:1sv WG
	Pickle Chips	5	0	0	0	0	330	1	0	0	0	2	1	23	0	V:1/4c O
	Fresh Baby Carrots	20	0	0	0	0	44	5	2	3	0	391	2	18	0	V:1/4c RO
	Mustard	5	0	0	0	0	20	0	0	0	0	0	0	0	0	

Meal Contributions :

W/G = Whole Grain

Vegetable Types : BeWell Types :

Allergen Information: LEGACY CAMPUS

	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
0	CRISPY CHICKEN PATTY ^							х	х
- 0 0	Hamburger Bun ^	х						Х	х
03-01-2022	Mashed Potatoes	Х						Х	
)22	SunSet Sip Juice								
	Applesauce								
	Dried Cranberries								
	Choice of Milk	х							
0	GRILLED CHEESE PANINI ^	х						х	х
03-02-2022	Broccoli								
2-2(Potato Wedges							Х	
)22	Fresh Banana								
	Orange Juice								
	Ketchup								
	Choice of Milk	Х							
0	*WALKING TACO*								
03-03-2022	TURKEY TACOS								
8-20	Wild White Nacho Doritos^	х							
122	Fiesta Beans								
	Corn								
	Sliced Apples								
	Blended Fruit Juice								
	Chocolate Cookie ^							Х	х
	Taco Sauce								
	Choice of Milk	Х							
	TURKEY HAM & CHEESE PROTEIN BOX	х						х	
	Sliced Bread ^	Х						Х	Х
	Light Mayonnaise		Х					Х	
03-04-2022	NO SCHOOL								
03-04-2022 03-07-2022 03-08-2022	NO SCHOOL								
03-08-2022	NO SCHOOL								

Allergen Information: LEGACY CAMPUS

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	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
03-09-2022	NO SCHOOL								
03-10-2022	NO SCHOOL								
03-11-2022	NO SCHOOL								
03-14-2022	NO SCHOOL								
03-15-2022	POPCORN CHICKEN ^ Baked Beans Sun Splash Veggie Juice Applesauce Grape Juice BBQ Sauce Cheddar Sun Chips ^	X						x x	x
03-16-2022	Choice of Milk ROTINI BAKE ^ Breadstick ^ Green Beans Diced Carrots Orange Juice Blend Applesauce Choice of Milk	x x 						X X	X X
03-17-2022	*GLOBAL BITES* SHEPHERD'S PIE Breadstick ^ Fresh Baby Carrots Ranch Dressing Diced Pears Grape Juice Vanilla Cookie ^	x 	X					x x x x	x
	Choice of Milk	х							

	Item Name	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
03	TURKEY BREAST & CHEESE PROTEIN BOX	х						х	
03-17-2022	Sliced Bread ^	Х						х	х
-20	Tropical Veggie Juice								
22	Mustard								
03	BEAN & CHEESE BURRITO ^	Х						Х	Х
03-18-2022	Salsa Cup								
-20	Broccoli								
22	Fresh Banana								
	Diced Peaches								
	Choice of Milk	х							
	POPCORN CHICKEN ^ SALAD							x	x
	Shredded Cheddar Cheese	х							
	Croutons ^	х							х
	Romaine Lettuce								
	Carrot Sticks								
	Cucumbers								
	Ranch Dressing	Х	Х					Х	
0	CHEESE PIZZA^	х						Х	х
3-21	Green Beans								
3-21-20	Green Beans Corn								
03-21-2022									
3-21-2022	Corn								
3-21-2022	Corn Applesauce	x							
	Corn Applesauce Blended Fruit Juice	x						X	X
	Corn Applesauce Blended Fruit Juice Choice of Milk							x	x
	Corn Applesauce Blended Fruit Juice Choice of Milk CHICKEN ALFREDO PASTA ^								
3-21-2022 03-22-2022	Corn Applesauce Blended Fruit Juice Choice of Milk CHICKEN ALFREDO PASTA ^ Breadstick ^								
	Corn Applesauce Blended Fruit Juice Choice of Milk CHICKEN ALFREDO PASTA ^ Breadstick ^ Mixed Vegetables								
	Corn Applesauce Blended Fruit Juice Choice of Milk CHICKEN ALFREDO PASTA ^ Breadstick ^ Mixed Vegetables Broccoli								
	Corn Applesauce Blended Fruit Juice Choice of Milk CHICKEN ALFREDO PASTA ^ Breadstick ^ Mixed Vegetables Broccoli Orange Juice Blend								
03-22-2022	Corn Applesauce Blended Fruit Juice Choice of Milk CHICKEN ALFREDO PASTA ^ Breadstick ^ Mixed Vegetables Broccoli Orange Juice Blend Diced Peaches	X							
03-22-2022	Corn Applesauce Blended Fruit Juice Choice of Milk CHICKEN ALFREDO PASTA ^ Breadstick ^ Mixed Vegetables Broccoli Orange Juice Blend Diced Peaches Choice of Milk	X						X	X
03-22-2022	Corn Applesauce Blended Fruit Juice Choice of Milk CHICKEN ALFREDO PASTA ^ Breadstick ^ Mixed Vegetables Broccoli Orange Juice Blend Diced Peaches Choice of Milk	X	x					X	X
	Corn Applesauce Blended Fruit Juice Choice of Milk CHICKEN ALFREDO PASTA ^ Breadstick ^ Mixed Vegetables Broccoli Orange Juice Blend Diced Peaches Choice of Milk PANCAKES & SAUSAGE ^ Seasoned Diced Potatoes	X	x					X	X
03-22-2022	Corn Applesauce Blended Fruit Juice Choice of Milk CHICKEN ALFREDO PASTA ^ Breadstick ^ Mixed Vegetables Broccoli Orange Juice Blend Diced Peaches Choice of Milk PANCAKES & SAUSAGE ^ Seasoned Diced Potatoes	X	x					X	X
03-22-2022	Corn Applesauce Blended Fruit Juice Choice of Milk CHICKEN ALFREDO PASTA ^ Breadstick ^ Mixed Vegetables Broccoli Orange Juice Blend Orange Juice Blend Diced Peaches Choice of Milk PANCAKES & SAUSAGE ^ Seasoned Diced Potatoes Sun Splash Veggie Juice	X	x					X	X

		Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
	Item Name	~		· 뉴	4	5	5	<	4
03-24-2022	HOT DOG								
24-	Hot Dog Bun ^	Х						Х	Х
202	Baked Beans Diced Carrots								
2	Fresh Apple								
	Mustard								
	Ketchup								
	Chocolate Cookie ^							х	Х
	Choice of Milk	х						~	~
	TURKEY HAM & CHEESE	Λ							
	PROTEIN BOX	Х						Х	
	Sliced Bread ^	Х						Х	Х
	Light Mayonnaise		Х					Х	
0 Ç	VEGETARIAN CHILI WITH BEANS							х	х
03-25-2022	Corn								
-20	Diced Peaches								
22	Orange Juice Blend								
	Cornbread ^	Х	х					х	х
	Choice of Milk	Х							
	DICED CHICKEN SALAD								
	Shredded Cheddar Cheese	Х							
	Croutons ^	Х							х
	Romaine Lettuce								
	Carrot Sticks								
	Green Pepper Strips								
	Italian Dressing							х	
	Breadstick ^							Х	Х
0	CRUNCHY CHICKEN TENDERS ^							х	х
3-28	Broccoli								
03-28-2022	Mixed Vegetables								
22	Orange Juice Blend								
	Diced Pears								
	BBQ Sauce							Х	
	Multi Grain Sun Chips ^								Х
	Choice of Milk	Х							
03-	CHARBROILED HAMBURGER							х	
03-29-2022	Hamburger Bun ^	Х						х	х
202	Baked Beans								
2	Sun Splash Veggie Juice								
	Applesauce								
	Grape Juice								

Allergen Information: LEGACY CAMPUS

		M	ņ	Peanu	Tree Nut	Fish	Shellfish	Ñ	Wheat
	Item Name	Milk	Egg	Ĕ	_ F	<u>۲</u>	_ L	Soy	at
0	Mustard								
3-2	Ketchup								
9-2									
03-29-2022	Choice of Milk	х							
0	CRISPY CHICKEN PATTY ^							х	х
-3- -ω	Hamburger Bun ^	х						х	х
03-30-2022	Potato Wedges							х	
022	Green Beans								
	Diced Peaches								
	Blended Fruit Juice								
	Light Mayonnaise		Х					х	
	Ketchup								
	Choice of Milk	Х							
0	SANTA FE CHICKEN	х						х	
03-31-2022	Tortilla Rounds ^								
	Sun Splash Veggie Juice								
022	Fresh Pear								
	Apple Juice								
	Vanilla Cookie ^							х	х
	Choice of Milk	х							
	TURKEY BREAST & CHEESE PROTEIN BOX	х						х	
	Sliced Bread ^	Х						х	х
	Pickle Chips								
	Fresh Baby Carrots								
	Mustard								